

SAVE OUR NUMBERS. SAVE YOUR LIFE.

24/7 Medical Help from Sunway Medical Centre A&E

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Common Household Emergency Situations:

01 ALLERGIC REACTION

- Common signs of seriousness: weak or rapid pulse, constricted airways, swelling, severe skin reactions
- **CALL EMERGENCY +603 5566 8888 or go to the A&E**
- Administer epinephrine
- Do not allow the patient to stand or walk



02 ASTHMA ATTACK

- Common signs of seriousness: breathlessness, inability to speak, chest tightness, persistent wheezing
- **CALL EMERGENCY +603 5566 8888 or go to the A&E**
- Sit the patient upright
- Encourage the patient to take slow steady breaths
- Assist the patient in using their inhaler

03 HEART ATTACK

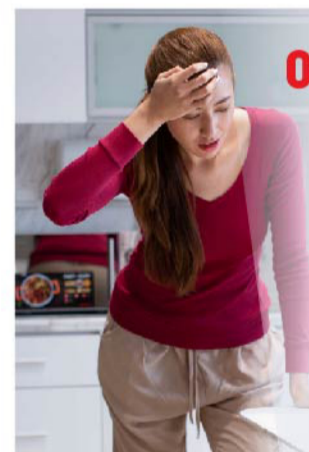
- Common signs of seriousness: chest pain, pain that travels from the chest to other parts of the body, lightheadedness, cold sweats
- **CALL EMERGENCY +603 5566 8888 or go to the A&E**
- Help the patient sit with knees bent and head supported
- Help the patient chew an aspirin if they are not allergic
- Help the patient place a GTN (heart attack pill) under the tongue

04 STROKE

- Common signs of seriousness: drooping face, limb weakness, slurred speech, mental confusion
- **CALL EMERGENCY +603 5566 8888 or go to the A&E**
- Lay the patient on one side with head supported to prevent choking on vomitus
- Make sure that the patient's airways are clear
- Do not give the patient any food or liquid

05 BURNS

- Common signs of seriousness: peeling skin, severe pain, blisters, wet wound
- **CALL EMERGENCY +603 5566 8888 or go to the A&E**
- Hold the burn area under cool running water for 20 minutes
- Do not apply ice or grease
- Cover the burn with sterile cloth or cling film



06 POISONING

- Common signs of seriousness: nausea, muscle twitches, skin colour changes, fainting
- **CALL EMERGENCY +603 5566 8888 or go to the A&E**
- Rinse away everything in the mouth
- Remove any contaminated clothing
- Wash exposed area with abundant running water

07 DEEP CUTS AND PUNCTURE WOUNDS

- Common signs of seriousness: throbbing sensation, visible bones or tendons, unstoppable bleeding, unclosable gap
- **CALL EMERGENCY +603 5566 8888 or go to the A&E**
- Remove obvious debris and dirt not embedded in the flesh
- Apply constant pressure to wound with clean cloth
- Elevate above heart level to reduce bleeding



ACCIDENT & EMERGENCY



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